



St Margaret's Notebook

From the Sabbatical Priest-in-Charge:

Last Sunday was a big day. We sent our J2A youth on their pilgrimage and said good-bye to Hazel, who will continue on to Italy to begin her sabbatical when the youth return to us Tuesday. Both trips – the J2A pilgrimage to Scotland and Hazel's sabbatical – represent faithful journeys to discover God in new ways in self, one another and the world around them. We are never too young or too old for spiritual awakenings.

While our youth will return Tuesday, Hazel will be gone until September 26th. During this time, you and I will hold down the fort, get to know and love one another, and discover God in our midst in new ways.

The word sabbatical (from the Latin *sabbaticus*, the Greek *sabbatikos*, Hebrew *shabbathon*.) comes from the biblical concept of Shabbat, or Sabbath, meaning to cease or rest from one's labors. At its heart, Sabbath-keeping means setting aside time from one's work to rest and become refreshed by listening to God in new ways. We keep the Sabbath every Sunday when we come together to worship, pausing from our day-to-day routine to praise and seek God anew, and to remind ourselves from whom we come.

An extended Sabbatical time, like Hazel's, allows a clergy person to disengage from the daily work of running the parish, to rest, study, reflect, travel and seek renewal of mind, body, and spirit. More than a vacation from meetings, budgets, sermon preparation, services and pastoral care of others, a sabbatical is a time of spiritual renewal and growth for the clergy person. Sabbaticals have been recognized as so important to the health of clergy and their congregations, that the Lily Foundation has an extensive grant program to help clergy and congregations afford the cost of sabbatical. St. Margaret's received a generous grant for Hazel's Sabbatical, paying all of the expenses of her travels and my salary.

We'll spend more time exploring the meaning of Sabbatical in our lives, and we will let you know when we hear from Hazel. May God bless her time away from us, and our time together!
Peace.

A handwritten signature in blue ink, appearing to read "Liz", is written in a cursive style.



J2A - PILGRIMAGE TO SCOTLAND

On Tuesday, June 15, eight of our youth, Josh Howell, Ellen Brady-McGaughey, Zachary Gordon, Aaron Reynolds, Elizabeth Crafton, Maia Hart, Kelsey Cain, and four chaperones, the Rev. Hazel Glover, Sierra Coggins, Derrick Manley, and Youth Director Laura Leans departed for a pilgrimage to Scotland. While in Scotland the group will visit Edinburgh, Lindesfare, and the island of Iona.

Our pilgrims will return to Carrollton on June 22.

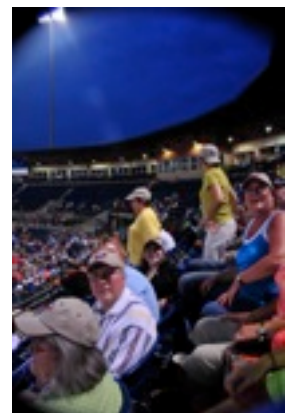


HAZEL DEPARTS ON SABBATICAL



The Rev. Liz Schellingerhoudt and members of the vestry give a blessing to Hazel on Sunday, June 20 before she leaves on her 3 month sabbatical. Hazel will travel with the J2A pilgrims to Scotland on June 15 and then begin her sabbatical on June 23. While on sabbatical Hazel will be visiting Italy and France.

JUNE 10, 2010 - ROME BRAVES GAME





ICE CREAM SOCIAL - JUNE 9, 2010



UPCOMING EVENTS

**FAREWELL RECEPTION
FOR
PEG CALLAHAN**



Peg Callahan is moving to Atlanta. Please join us for a reception in her honor on Sunday, June 20, in the parish hall after the service.

ANNUAL 4TH OF JULY CELEBRATION



will be held on Saturday, July 3. Bring your lawn chairs and watch the parade in front of the church at 10:00 a.m. and then join us for a lunch in the parish hall. **Main course, chips and tea** will be provided. Please bring a side item or dessert to share.

SOUP KITCHEN VOLUNTEERS NEEDED

The soup kitchen will be open the week of June 22 - June 25, 2010. If you can volunteer to work a shift please email or call Sally Bobick at bruceandsally@bellsouth.net or 770-834-2380.

REMINDER

EMAIL CHANGES - Please make the following changes in your address books.

Hazel Glover revhazलगlover@gmail.com

St. Margaret's Church stmargaretsга@gmail.com

Outreach smcommunityoutreach@gmail.com

and be sure to add Rev. Liz Schellingerhoudt liz.stmargarets@gmail.com





Sun Safety Awareness

Excited about a great summer vacation? All packed & ready to go? Got your bathing suit, towel, a good book, and the cooler? Wait a minute- you forgot to pack a very important item! SUNSCREEN! Even if it is cool & cloudy outside, your skin still needs protection from the sun's harmful ultraviolet rays.

Unprotected skin can be damaged by the sun in as little as 15 minutes. Skin cancer is the most common form of cancer in the United States. The two most common types, called basal cell and squamous cell carcinomas, are highly curable. But melanoma, the third most common skin cancer, is more dangerous. About 65%–90% of melanomas are caused by exposure to ultraviolet (UV) light or sunlight. According to the CDC, in 2006, 53,919 people in the United States were diagnosed with melanomas of the skin and 8,441 people died of melanomas of the skin. Research shows that most skin cancers can be prevented if people are protected from UV light.

Anyone can get skin cancer, but some things put you at higher risk: having lighter natural skin color, a personal or family history of skin cancer, exposure to the sun through work and play, a history of sunburns early in life, skin that burns, freckles, reddens easily, or becomes painful in the sun, blue or green eyes, naturally blond or red hair.

Take precautions against sun exposure every day of the year, especially during midday hours (10:00 a.m.–4:00 p.m.), when UV rays are strongest and do the most damage. UV rays can reach you on cloudy days, and can reflect off of surfaces like water, cement, sand, and snow. Tips for protecting yourself from the sun's harmful rays include: Seek shade, especially during midday hours; Cover up with clothing to protect exposed skin; Wear a hat with a wide brim to shade the face, head, ears, and neck; Wear sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible; Put on sunscreen with sun protective factor (SPF) 15 or higher, and both UVA and UVB protection; Avoid tanning beds and sunlamps. The UV rays from them are as dangerous as the UV rays from the sun.

Parents- remember that children's skin can be much more sensitive than that of adults. Just a few sunburns at an early age can increase your child's risk of developing skin cancer later in life. Follow the link for additional suggestions on how to protect your child's sensitive skin against the harmful rays of the sun.



JUNE 20, 2010

Crucifer Megan Hooper
Bookbearer Gareth Hoffman

Altar Guild Liz Key, Rose Dufour, Jeanette Bernhardt, Fred Bernhardt, Cindy Hull

Children's Church Karen Adams

Lay Readers Julie Williard, Stephanie Turner

Ushers Craig Williard, T.B.A.

Thrift Shop

June 18
10:00 - 2:00 Pamela Saunders Kathie Schoerner

June 19
10:00 - 1:00 Jan & Neal Uhlich

June Paper Pantry Jan Uhlich, Amanda Reynolds

June Hostesses Ali Garrett, Laurie Fleck, Liz Key, Carol Mitchell, Carol Chapman, Beverly Colditz

June Vestry Person of the Month John Muffley

JUNE 27, 2010

Crucifer Aaron Reynolds
Bookbearer Olivia Castleberry

Altar Guild Judy Reed, Debbie Pyles, Missy Sullivan, Karen Adams

Children's Church Mary Alice Cochran

Lay Readers Jacob Hall, Amanda Reynolds

Ushers George Lenaeus, David Reynolds

Thrift Shop

June 25
10:00 - 2:00 Pam Griffin, Betsy Prince

June 26
10:00 - 1:00 Jeanne Condrey Val Howell

June Paper Pantry Jan Uhlich, Amanda Reynolds

June Hostesses Ali Garrett, Laurie Fleck, Liz Key, Carol Mitchell, Carol Chapman, Beverly Colditz

June Vestry Person of the Month John Muffley

PRAYER LIST

Our parish family: Annalee, Katherine, Margaret, Joe, Nicole, Dave, Jan, Olive, Ralph, Van

Family and friends: Jackie, Lainey, Nicky, Brenda, Tina, Murphy, Lisa, Jeanette, Sarah, Maya Ruby, Laura, Elizabeth, Sylvia, Dorothy, Hazel, Jackson, Gene, Larry, David, Steve, Suzanne, Jennifer, Mary, Mac, Martha, Ralph, Frank, Kristi, Renee, Johnny, Georgia, Katherine, Donna, Jim, Tammy, Mary, Charlotte, Paula, Lucille, Clem, Hope, Sharon, Bob, Eddie, Cindy, Peggy, Erna, Thomas, Nancy, Billy, Jessi, Nathan, Merlean, Kaitlin, Jon, Mary, Jeanne, Gordon, Harriett, Alexis, Kay, Betty, Lou, Gregory, Lesley, Marcus, Francine, Klaus, Pamela, Betty, Judi, Jeremy, Josh, Craig, Leo, Lynda

Military: Elspeth, Steven, Lyle, Doug, Matthew, Sarah, Robert, Elizabeth, Jordan, Stacey, William, Ty, Alex



JUNE BIRTHDAYS

- 01-Jun Rosanne Godsey,
Brett Adams
- 03-Jun Brianna Sullivan,
Gordon Austin,
Cindi Fitzpatrick
- 05-Jun Sumner Long,
Judy Reed,
Mimi Jacobus,
Cheyanne Elwell
- 06-Jun Patrick Malloy,
Lucy Hughes Parrish
- 07-Jun Blake Adams,
Debbie Ballard
- 08-Jun Haley Hart,
Pam Howell
- 09-Jun Kate Aderhold,
Lillie Cary
- 10-Jun Sally Jones,
Alizon Garmon
- 12-Jun April Duffie
- 13-Jun Lacey Robinson
- 14-Jun Kathie Schoerner,
Catherine Gordon
- 15-Jun Lance Gunnin
- 16-Jun Tamara Reed,
Theresa Campbell
- 18-Jun Sam Goodson,
Catherine Minor
- 19-Jun Julie Cain,
Duane Hooper
- 21-Jun Charlie Minor,
Elaine Miller
- 22-Jun Chris Key,
Mark Poindexter,
- 23-Jun Dena Schoerner,
David Basil
- 24-Jun Jenny Poindexter,
Emily Wilson
- 25-Jun Tom Fortner,
Deloris Covell
- 26-Jun Maddie Jarrell,
Danny Hughes,
Pam Hall,
Bryna Bobick,
Henry Owen
- 27-Jun Andra Morris,
Taylor Powers
- 28-Jun Meg Perkins,
Joe Robinson

29-Jun Lisa Lumpkin,
Trey Bernhardt

30-Jun Jerry Robinson,
Carolyn Shook

JUNE ANNIVERSARIES

- 02-Jun Bill & Mimi Jacobus
Gilbert & Sandra Huey
- 03-Jun Jerry & Alice Robinson
- 04-Jun Richard & Chris Brown
Irving & Reba Degaris
- 05-Jun Dene & Kathie Schoerner
Taylor & Jennifer Powers
- 07-Jun Ronnie & Pam Howell
- 10-Jun John & Bunny Godard
Neal & Jan Uhlich
Bill & Misty Doxey
- 14-Jun Tobin & Mary Hart
- 16-Jun Glenn & Jill Jarrell

Did we leave your birthday or anniversary off our list? Please call or email Julie in the church office (770)832-3931 or stmargaretsga@gmail.com with the dates.

Calendar

June 17

Shawl Ministry Meeting 10:00 am

June 22

J2A Pilgrims return

June 23 - September 23

Hazel on Sabbatical

June 29

Vestry Meeting - 7:00 pm

July 3

Annual 4th of July picnic

July 19

Young Maggies at Mid-Town Water Park
5:30-7:00 pm

August 1

Return to two services at
9:00 and 11:00 am

Vestry

- Tony McGaughey - Sr. Warden
- Bill Parrish - Jr. Warden
- Dan Cain
- Guyton Cochran
- Elisabeth Coggins
- Peter Croft
- Lisanne Denmon
- John Muffley
- Brent Mundy
- Richard Smith
- Karen Swanson
- Stephanie Turner